### DAVA Services Provided

The goal of the DAVA is to increase victim safety and autonomy, beginning with an initial risk assessment and providing ongoing support and referrals to Base and Community resources. The DAVA:

- Is available 24/ 7 for victim advocacy services.
- Collaborates and works with the Victim to develop a safety plan to ensure the safety of the Victim on/off Dover AFB.
- Explains Restricted and Unrestricted Reporting.
- Provides information and referrals for Military and Civilian resources such as hotlines, shelters, legal aid, treatment resources, chaplain resources, military transitional compensation, Attorney General's services for Victims, and Victim/Witness liaison programs.
- If requested, accompanies the Victim to Court proceedings. Aids in filing PFAs and requests for Command to file Military Protection Orders.
- Assists Victims as a liaison with Unit Commanders and First Sergeants.

#### **Important Phone Numbers**

**Emergency 911** 

National Domestic Violence Hotline 1-800-799-SAFE(7233)

Dover AFB Resources FAP 677-2711 AFB Legal 677-3300 AFB VWAP 677-3300

24 HR Delaware Hotlines/Shelters Kent & Sussex 422-8058 New Castle 762-6110

Centers
Kent County 302-672-1075
Sussex County 302-856-5843
New Castle County 302-255-0420

Kent County Family Court 302-672-1000

Community Legal Aid Services Kent County 302-674-8500 DV Advocacy Center 739-6552 Legal Helpline 1-800-773-0606 Attorney General 739-4211

Police Based Victim Centers 1-800-VICTIM-1

# Dover Air Force Base Domestic Abuse Victim Advocate

Our Victim Advocacy services are available 24/7 for your support and safety planning.



Victim Advocate Daytime: 302-677-5674

After Hours/Emergency 302-213-3508

If you fear for your *immediate* safety, call Security Forces at 302-677-6664 or 911

## What is Domestic Violence?

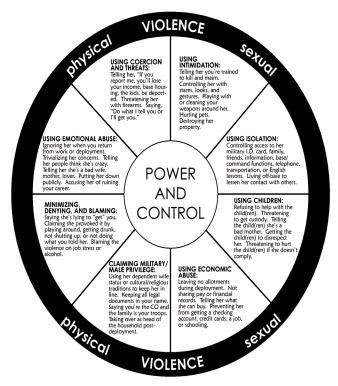
Domestic violence can take many forms, such as verbal, physical, emotional, sexual, and financial abuse. It can happen once in a while or all the time. It includes, but is not limited to.....

- Jealousy, control, stalking
- Name calling, shaming, or blaming
- Isolation from family and friends
- Withholding money, medical treatment, transportation, or food
- Threatening physical harm to self, partner, children, or pets
- Forced Sex
- Slapping, kicking, biting, shoving, punching, restraining, strangulation\*, use of weapons
- Destruction of property
- Threats of abandonment or deportation
- Denying access to Military ID

#### \*What is Strangulation?

- Strangulation closes blood
- vessels and prevents oxygen from reaching organs in the body
- It causes unconsciousness in seconds and death within 4 minutes

#### MILITARY POWER AND CONTROL WHEEL



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#### If you are being abused:

- No one deserves to be battered
- If in danger Call 911
- Follow up with medical care if you are injured
- Talk to a friend, relative, doctor, or anyone you trust to be supportive
- Consider filing for a civilian Protection From Abuse Order
- Contact a Domestic Violence hotline for shelter, legal info, help and resources

Know that the victim advocate is there to assess your needs, and safety plan with you.

<u>Do not hesitate to contact</u> <u>the victim advocate.</u>

#### If it is someone else:

- Don't ignore it, let them know privately you are aware of the situation
- Be a good listener, don't blame or judge the victim
- Contact a Domestic Violence Advocacy Center or hotline for assistance